



# Pitch Hit&Run



- **ADVANCE** all the way to the **MLB® ALL-STAR GAME®**
- **BOYS** and **GIRLS** ages 7 – 14
- **BASEBALL** and **SOFTBALL** Division
- Participation is **FREE**

## PITCH...

Throw strikes to a designated target

## HIT...

Hit from a batting tee for distance and accuracy

## RUN...

Sprint from 2nd base to home plate for time



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Visit **PitchHitRun.com**

**HOST:**

**FREEPORT PARKS & RECREATION**

**COMPETITION DATE/TIME/LOCATION:**

**March 5th/10:00 AM / Freeport Sports Complex**

**CONTACT:**

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